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## **We invites you to Tour de Las Palmas**

From Saturday 22<sup>th</sup> January to Saturday the 29<sup>th</sup> January 2011

Join Week 4 training, see more on

[www.sailinglaspalmas.dk](http://www.sailinglaspalmas.dk)

### **The Goals**

- *Learn from other nations*
- *Meet new friends.*
- *Sailing in perfects conditions*
- *Technical training in waves*
- *Speed testing – new sails*
- *High quality training with theory*



### **The concept**

A clinic with high quality with good sailors from different countries.

The Clinic is open for 8 sailors from Norway, 8 sailors from Denmark and 4 special invited sailors all from the top level.

### **Program**

<b>Saturday</b>	Arrival to Gran Canaria
<b>Sunday</b>	Training
<b>Monday</b>	Training
<b>Tuesday</b>	Training
<b>Wednesday</b>	Training and fun tour
<b>Thursday</b>	Training
<b>Friday</b>	Training / racing
<b>Saturday</b>	Departure

**Coach/Team Leader** Bård Birkeland, XXX and Kim Skovgaard.

**Sailors** Maximum of 20 sailors can join the clinic

**Language** English

**Entry fee** The price is 1125,00 Euro.  
You will get all you need to one week in Las Palmas, except airplane ticket and pocket money.

**Air plane** You have to arrange your own flight to *Gran Canaria*

**Board and Lodging** Housing will be on Hotel Fataga nearby the club.  
All meals will be provided.

**Sailing Gear** The optimist is already on Winner Sailing Center.  
WINNER Mk12Ti with top racing gear.  
**You only need to bring you own sail.**

**Registration** [Kim@winneroptimist.dk](mailto:Kim@winneroptimist.dk)  
**Latest registration the 15 October 2010**  
With information about:  

- Name, Date of birth, Country and phone.

For further information please contact us.

Best Regards

## **WINNER OPTIMIST**

